



**INVITATION TO THE
2025 EUROPEAN UNIFIGHT CHAMPIONSHIPS
(LIGHT & CLASSIC)**



June 18–22, 2025 | Polovragi

Organized by:

- Romanian Unifight Federation (FRU)
- European Unifight Federation (ECIFAU)
- International Amateur Unifight Federation (FIAU)

**Romanian Unifight
Federation (FRU)**



f/ President

**European Unifight
Federation (ECIFAU)**



President

**International Amateur
Unifight Federation (FIAU)**



President

unifight.ro

1. PURPOSE

- Identify the best Unifight athletes in Europe across age and weight categories.
- Strengthen international sports relations and facilitate the exchange of expertise.
- Promote Unifight and expand participation across Europe. To develop the Unifight sports system, we welcome independent clubs from all European countries.

2. EVENT SCHEDULE AND VENUE

Dates: June 18–22, 2025

Location: Polovragi Resort, Romania

At the end of each competition day, boxing and kickboxing matches will be organized.

- Team presentations will take place at Hotel Gorj, Eroilor Street, Târgu-Jiu, on June 18, 2025.
- Teams traveling by plane or train must submit the attached forms (Annex 1 and Annex 2) by June 1, 2025, to arrange transportation to the competition venue.

Date	Activities
June 18	<ul style="list-style-type: none">• Team arrivals and accommodation (09:00 – 19:00).• Credentials committee, weigh-in, draw (11:00 – 19:00).• Organizing Committee meeting (19:00 – 20:00).
June 19	<ul style="list-style-type: none">• Opening Ceremony (10:00 – 11:00).• Preliminary Light Unifight and Classic Unifight bouts (11:00 – 18:00).• European Unifight Federation Congress (13:00 – 14:00).• Visit to the Gate of the Kiss, Table of Silence, Endless Column, Târgu-Jiu.
June 20	<ul style="list-style-type: none">• Light Unifight and Classic Unifight bouts (09:00 – 18:00).• Visit to Polovragi Monastery and Zamolxe's Cave.
June 21	<ul style="list-style-type: none">• Light Unifight and Classic Unifight semifinals (09:00 – 18:00).• Equestrian tourism, Cheile Oltețului.
June 22	<ul style="list-style-type: none">• Light Unifight and Classic Unifight finals (09:00 – 12:00).• Awards ceremony (12:00 – 13:00).• Closing Ceremony (13:00 – 14:00).• Departure.

3. PARTICIPANTS

Age Categories and Weight Classes

Category	Weight Classes
Boys (14–15 years)	45 kg, 50 kg, 55 kg, 60 kg, 65 kg, 70 kg, +70 kg.
Girls (14–15 years)	32 kg, 37 kg, 42 kg, 47 kg, 52 kg, +52 kg.
Boys (16–17 years)	55 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, +80 kg.
Girls (16–17 years)	37 kg, 42 kg, 47 kg, 52 kg, 57 kg, 62 kg, +62 kg.

Juniors (18–20 years)	Boys: 55 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg, 95 kg, +95 kg Girls: 45 kg, 48 kg, 52 kg, 57 kg, 62 kg, 70 kg, +70 kg.
Men/Women (18+)	Men: 55 kg, 60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg, 95 kg, +95 kg. Women: 48 kg, 52 kg, 57 kg, 63 kg, 70 kg, 78 kg, +78 kg.

Notes:

- Age is determined on the day of the competition. Athletes under 14 years are not eligible.
- Delegations may include: 1 Federation Head, 1–2 coaches, 1 referee.

4. COMPETITION RULES

The Unifight sports system consists of:

1. Obstacle Course (First Round):

- Completed within a time limit.
- Failure to clear an obstacle requires repeating the previous obstacle.
- Time bonuses: +1 point for a 10-second lead; +1 point for each additional 5 seconds.

2. Ring Fight:

- Light Section: Fights without strikes. Victory by +10 points or a clean throw.
- Classic Section: Full-contact fights (including ground fighting).

Round durations:

- Boys/Juniors/Men: 2 rounds × 2 minutes (preliminaries); 4 rounds × 2 minutes (semifinals/finals).
- Girls/Women: 2 rounds × 1.5 minutes (all stages).

Victory Conditions:

- Winning 2 out of 3 rounds (preliminaries), 3 out of 5 rounds, knockout, or rendering the opponent incapacitated.
- Early victory if the obstacle course lead exceeds 10 seconds or the opponent withdraws.

5. DRESS CODE AND EQUIPMENT

- **Athletes:** Red/blue kimono, gloves, helmets, soft-soled shoes, shin guards, mouthguards, protective shells, tracksuits.
- **Referees:** Black trousers, white short-sleeved shirts, black bow ties, black shoes/socks, red/blue armbands.
- **Officials:** Suit or formal attire.

6. AWARDS

- **Individual:** Medals (gold, silver, bronze) and diplomas for the top 3 in each category.
 - **Team:** Cups for top teams based on points (1st: 8 points, 2nd: 5 points, 3rd: 3 points).
 - **Mandatory:** National or club flags and anthem (on CD/USB) for ceremonies.
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7. ACCOMMODATION AND FEES

- **Accommodation:** Hotel Gorj***, Eroilor Street, Târgu-Jiu.
 - **Double/Triple room:** €60/day/person (includes 3 meals, daily round-trip transportation to Polovragi Sports Hall, and Bucharest–Târgu-Jiu round-trip transportation).
 - **Single room:** €90/day/person (includes 3 meals, daily round-trip transportation to Polovragi Sports Hall, and Bucharest–Târgu-Jiu round-trip transportation).
- **Entry Fee:** €100/athlete (covers participation in Light and/or Classic Unifight).

If participants opt for alternative accommodation, they must independently arrange their own transportation (Bucharest–Târgu-Jiu round-trip), lodging, meals, and daily attendance at the Polovragi Sports Hall. This choice must be explicitly indicated in Annex 2.

Travelling by bus from Bucharest to Târgu-Jiu takes about 5 hours.

8. APPLICATIONS AND DEADLINES

- Submission of **Annex 1** (team composition) by June 1, 2025, to: president@unifight.ro, secretariat@unifight.ro.
- Submission of **Annex 2** (travel details) by June 1, 2025, to: president@unifight.ro, secretariat@unifight.ro.
- Delegations requiring a visa to enter Romania must notify the Romanian Unifight Federation by June 1, 2025, submitting both annexed forms.

Required documents for competition registration:

- Participant list, Annex 1 (team composition).
- Copies of identification documents, original health insurance policies.
- National anthem (digital format) and flags.

9. PROTESTS AND DOPING

- **Protest Fee:** €100 (refunded if upheld). Protests must be submitted in writing per Unifight Rules, with payment to the Referee Board.
- **Anti-Doping:** WADA tests will be conducted during the event.

10. CONTACT

- **Marian Constantin-Lăsenco (Romania):** +40 770 696 791, unifight.ro
- **Azar Hasanov (Azerbaijan):** +99 455 515 3054, unifight.net

Official competition website: <https://unifight.ro/c-e-polovragi/>

We look forward to welcoming you to the 2025 European Unifight Championships!

Annex 1: Delegation Composition

1. **National Federation President** (full name, date of birth, copy of ID):

2. **Referee** (full name, date of birth, copy of ID):

3. **Coaches** (full name, date of birth, copy of ID):

4. **Athletes** (full name, date of birth, copy of ID):

No.	Full Name	Age Category	Weight Category	Date of Birth	ID Number/Series
1					
2					
3					
4					
5					
6					
7					
8					
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12					
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14					
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17					
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19					
20					

Please submit this form along with copies of IDs no later than June 1, 2025,
to president@unifight.ro or secretariat@unifight.ro.

Annex 2: Travel Form

1. **Visas:** Travel to Romania requires visas:

☐ YES

☐ NO

2. **Arrival Date, Time, and Location:** _____

☐ Bucharest Airport ☐ Bucharest Train Station ☐ Independent Transportation to Târgu-Jiu

Flight or Train Details: _____

3. **Departure Date, Time, and Location:** _____

☐ Bucharest Airport ☐ Bucharest Train Station ☐ Independent Transportation from Târgu-Jiu

Flight or Train Details: _____

4. **Number of Persons:** _____

5. **Delegation Head Name and Phone Number:**

6. **Remarks:**

Date: _____

Signature and Stamp: _____

Please submit this form along with copies of IDs no later than June 1, 2025,
to president@unifight.ro or secretariat@unifight.ro.